

Aiken Driving Club

est. 1985

P.O. Box 271 Aiken, SC 29802-0271

www.aikendrivingclub.com



Driving Tradition Into The Future

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From The Top

Looks like summer is not far away and perhaps time to slow down a bit. We are looking into places and times to do some summer events. Keep that in mind and read your newsletter, watch for email blasts. If you have any suggestions for events contact a board member and share your ideas.

In the mean time it is a good time to check over you horse and equipment. Nothing like a little extra cleaning and polishing. Get to know your horses normal heart rate and temperature. Check to make sure you have a working thermometer. How about their respiratory rate? Do you know what normal is? What is a mucus membrane and can you see the capillary refill time? Check their legs for any swelling at the joints. And of course we can always think about diets for us and our horses. What is the quality of the grass or hay that you are feeding? How about their teeth? When were they checked last?

Make a plan for any upcoming or fall events you will want to attend. Determine the events requirements. Pay attention to the club calendar and plan ahead one step at a time.

Stay cool, Stay safe, and Stay well.

See you, be KIND to each other...

Cheers, Peggy

Training Question: Do you train the walk?

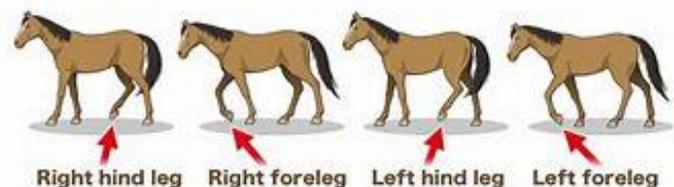
The walk is the most overlooked and under trained gait. The walk is the only gait that the horse's full weight is supported by one limb at a time. This is why the walk is the easiest gait to recognize weakness in the body, strength or training.

I take one day a week to school the walk with all the horses, no matter what stage of training they are in. A one-hour walk . . . boring you say? I say quite the opposite. The hour can consist of lateral supplying as well as compression and extension of the gait and frame.

Believe me, your brain will be challenged with the focus it takes to complete this exercise and your equine will be more correct and relaxed.

Happy Driving!

The walk gaits



CALENDAR OF EVENTS

highlighted items are ADC events

MARK YOUR CALENDAR !

DATE	EVENT NAME	CONTACT	WHERE
JUN 2-5	KENTUCKY CLASSIC CDE @ HERMITAGE CAI 1*2*3*	USEF	GOSHEN, KY
JUN 3-5	ELK CREEK CDE & CT @ FAIR HILL	ADS	ELKTON, MD
JUN 15 JUL 20 AUG 17	ADC ACTIVITY THESE DATES MAY CHANGE ONCE VENUE IS DETERMINED. WATCH FOR EMAIL & CHECK WEBSITE FOR MORE INFO AS AVAILABLE	ADC WEBSITE	TBD
AUG 19-21	METAMORA CDE & CT ADS PRELIM CHAMPIONSHIPS	ADS	METAMORA, MI
SEP 21-25	TRYON CDE @ TIEC USEF INT CHAMPIONSHIPS	USEF	MILL SPRING, NC
SEP 29/OCT 2	CA FALL CLASSIC CDE & CT ADS CHAMPIONSHIPS	ADS	WILTON, CA
SEP 30/OCT 2	TIMBERLAND CDE & CT @ CAROLINA HORSE PARK	ADS	RAEFORD, NC
OCT 6-9	GARDEN STATE CDE USEF PRELIM CHAMPIONSHIPS	USEF	ALLENTOWN, NJ
OCT 21-23	PINE TREE CDE & CT	ADS	So. PINES, NC
Nov 4-6	WINDSOR TRACE CDE & CT	ADS / LISA SINGER	WINDSOR, SC
Nov 11 or 12	ADC ANNUAL MEETING SAVE THE DATES		
Nov 11	ADC FALL WEEKEND	ADC WEBSITE	TBD
Nov 12	ADC FALL WEEKEND	ADC WEBSITE	TBD
Nov 13	ADC FALL WEEKEND ~ AUDUBON DRIVE	ADC WEBSITE	JACKSON, SC
DEC 2-4	ADS ANNUAL MEETING	ADS	SEATTLE, WA



For those receiving this by e-mail click on the hyperlinks below to go to their sites.

[The Aiken Driving Club - About the Club](#)

[Omnibus - The American Driving Society, Inc.](#)

[Combined Driving Competition Calendar | US Equestrian \(usef.org\)](#)

Be Good To Your Horse -- Know The Dangers Of The Summer Months

Just as the bodies of people do, the bodies of horses may react in a negative way to excessively hot or humid weather. Heat stroke and exhaustion may occur in very hot months, as well as sunburn, which can be a very painful ordeal for a horse. When going through a great deal of physical exertion, the body of a horse may be unable to properly regulate the temperature of the body. When too many vital electrolytes are released through sweat, not to mention the all important fluids in a horses body, heat exhaustion can occur and this is pretty dangerous. Keep in mind that if your horse is not a working horse or a race horse, it can still suffer from these problems if it is kept confined to a stall or a trailer or another enclosure. Humidity can increase the likelihood of heat exhaustion as well.

Signs that your horse is suffering from heat stress are lack of a desire to play or eat, or come when called. Unnatural behaviors like this are great indicators, as is lethargy in general. Heart rates may go up and the horse may appear to pant. If the temperature (taken rectally) is higher than 105 degrees, you may want to consult a veterinarian.

When electrolytes are lost through sweat, important vitamins and minerals are lost as well. This can lead to bad blood circulation and even blood thickening, which is never a good thing.

Temperature and humidity combine to create painful tissue injuries and other areas are affected as well. This can lead to ataxia, which has to do with the horse's lack of ability to control the movements of their muscles.

If you suspect that your horse may not be getting enough water in the hot months, do the pinch test. Pinch a fold of skin and observe whether or not the skin remains pulled up. Also, another great way of testing that is to put some pressure against your horses' gums. When you let go, there should be a white spot that is slowly filled in with the normal pink color. If not, consider the fact that your horse may not have enough fluids and take corrective actions.

Even if the body temperature of your horse has gone up, they may not sweat enough to actually cool the body to an adequate temperature. If you want to lower the body temperature of your horse, move them into an area where air flow moves about and rinse it down with cold water. This can be done using a nozzle, towel, or sponge. Rubbing alcohol causes evaporation and is also helpful in lowering the temperature of your horse's body and can reduce the chances of heat stroke.

Occasionally, a vet may decide that a horse is so dehydrated that further action must be taken, and in such cases they may apply an IV.



SIMPLE PREVENTIVE MEASURES

When planning hot-weather workouts, check your local forecast for the heat-humidity index, and avoid those times when temperature and relative humidity together are dangerously high.

*A good rule to remember is that anytime the temperature and humidity numbers added together total 130 [80 degrees Fahrenheit with 50 percent humidity, for example] there's some risk of overheating. **A total of more than 150 degrees is the danger zone**--any working horse will probably overheat. That is, even a lower temperature, of 70 degrees, still poses a risk if the humidity is 80 percent or higher.*

Of course, riding/driving in extremely high temperatures, regardless of humidity, is never a good idea. When it's going to be hot, schedule rides/drives in the early mornings, before the day heats up. Save more rigorous work for cooler times, and keep it to short stints, alternating with periods of walking so the horse can stop sweating for a while.

Make sure the horse is properly conditioned for the work. A fit horse can cool himself more efficiently than one who's out of shape. His sweat is clear and watery rather than thick and lathering and he won't lose as many crucial electrolytes.



NEW ADC MEMBERS

Welcome to
Aiken Driving Club

If you want/need contact info for a new member not in the club roster please get in touch with Ray Mansur.



NEW HERITAGE FARM CARRIAGES



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Club Membership

Membership applications are available on the website, www.AikenDrivingClub.com When you print yours out for renewal make a few extra copies. They are great to have on hand so you can invite old and new friends to join us.

Newsletter Deadlines

Deadline for articles, photos and classified ads is the 20th of each month. Photos must be sent by e-mail as a JPG format with name/s of persons and if possible the name of the horse/s. Include photo releases when required.

Classified Ads

Classified ads for ADC members are free and will run for 3 months unless otherwise noted. Business Card ads are \$100 Yr. Non-members may place ads for \$25 (will run for 3 months). Check can be mailed to Aiken Driving Club, PO Box 271, Aiken, SC 29802

Submissions

Send all submissions to: Renie Gillis
ponylady2017@gmail.com 803-646-1175

Past issues of the ADC Newsletter can be found online at

www.AikenDrivingClub.com



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Each Office is Independently Owned and Operated





Judith Portman and her dog, Lily, won the Carriage Dog Class.



Joe Roosa, driving Wille E Coyote, was the Open Pony champion and was awarded the Gaston Stable Award.



The best junior driver was Kathleen Willmon of AL, driving Derringer her miniature horse.

Aiken Carriage Classic and Dressage

The Aiken Carriage Classic was held April 16-17, 2022 and followed the dressage tests and judged by Kail Palmer Miller of Pennsylvania and the show welcomed Jim Thomas, of Florida as the technical delegate. Clear skies gave the forty entries a beautiful background for the rest of the weekend. The show featured a Saturday evening demonstration by Sherrie Dolan and her pony who showed off that he knew more than most of the audience. The dinner was held at the historic Gaston Stables and the Gaston Stable Award was presented that evening to Joe Roosa, who demonstrated what driving is all about, friendship and helping others.

The driving was beautiful and many of the competitors were first time drivers at the show. Winners included Gail Aumiller of Carlisle, PA in the Open Horse division, Open Pony was won by Joe Roosa and the reserve champion was Judith Harasziti. The Utility division was one of the largest divisions and won by Rhonda McPherson and the reserve champion was Susan Gregorio. The novice division was won by Robyn Fahnle, and Peggy Keeler was the VSE champion. The best junior driver was Kathleen Willmon. The carriage dog class was won by Judy Portman and her adorable Schnoodle, Lily.

The committee of Peggy Dils, Peggy Keeler, Judith Chamberlain, and Katy Rhinehart would like to thank all those that made the show a success. The silent auction and office staff of Kim Allen, Diane Mansur, and Patty Lange made the show possible. The Aiken Driving Club would like to invite you to attend next years show.

Photo credits: AP Gouge Photography, Aiken, SC



Gail Aumiller driving her advanced dressage test with groom Beth Steinke.



Missie Auen driving her first single horse test with groom Gene Rhinehart's horse Celtic.

Board Meeting minutes May 16, 2022

In attendance: Peggy Dills, Carol Funderburgh, Ann Mitchell, Sue Dougherty, Tim Novak, Jane Hostetter.

On phone: Karen Marlin.

Members in attendance: Katy Rhinehart and Kim Allen

Minutes accepted and approved.

Treasurer's report accepted and approved.

Katy gave us a financial report and over all view of the Pleasure Show. She spoke of all the wonderful sponsors. There were 48 turnouts. It was a great success! ADC will have the Pleasure Show again next year under the guidance of Katy and some people have already stepped up to the plate to be on her committee.

Kim Allen gave us a report on the silent auction which, also, was a great success! and she has volunteered to do it again next year.

OLD BUSINESS:

Jungle Drive was great fun and food delicious. Sara has committed that it would be an annual event.

Carol gave us a report on the Sara Schmidt Clinic which is full. 17 people have signed up for the dinner.

Gaston Livery Stable's roof has not been completed as of yet.

Gerde Museum is open on Sundays. Peggy has asked if ADC driving books could be put on display in main building for people to look through.

The By-Laws are at the office of a lawyer to be looked over.

Dressage ring is now a complete set being stored at Highfields. Thank you Jackie Kane for your work of getting it all together.

ADC trailer is at Renie's.

NEW BUSINESS:

BBQs/Club Activities will be scheduled for every 3rd Wednesday of the summer months. (June 15th, July 20th, and August 17th)

Possibilities –

Early morning drive at the Vista.

Boat tour on the Savannah River out of Augusta.

Derby

Any ideas are welcomed.

Fall Weekend was discussed. Will be November 11th, 12th, 13th. Audubon drive on the 13th. Also the Annual meeting will be that weekend. Details to follow.

The Board approved a donation of \$1,000 to the Windsor Trace CDE.

Adjourned 7:10pm

Next meeting June 13th at Gaston Livery Stable.

Treasurers report May 2022

The beginning checking account balance for the month of April 2022 was \$20,854.56. The ending checking account statement balance is \$27,257.74

Deposits for the month totaled \$11,712.50 Most of the deposits were from the pleasure show. Debits totaled \$5309.32.

Outstanding checks or debits were \$1,266.04. This gave the club an actual checkbook balance of \$ 25991.07. The majority of expenses were for the pleasure show.

Revised profit from the driving derbies was \$2045.57. This is because additional expenses were paid in April. Tentative profit from the Aiken Carriage Classic was \$2860.64. However, the bill from Highfields has not been received yet.

Respectively submitted,
Karen Marlin

Classified Ads

FOR SALE 1890's Doctor Carriage. Restored. In climate controlled environment for last 20 years. Photos available. \$2200. Call 803-642-2318. 3/2



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